

VERTICAL REALMS, LLC

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Client Equipment List – Backcountry Skiing

Clothing: *These items you must bring!*

- Synthetic under layers
- Liner socks
- Wool or synthetic socks
- Gaiters
- Fleece jacket
- Fleece pants
- Down jacket
- Wind Proof/Water Proof jacket w/hood
- Wind Proof/Water Proof pants or bibs (w/full side zips)
- Hat (to wear under helmet)
- Balaclava
- Insulated/Water Proof gloves
- Extra gloves
- Face mask
- Goggles
- Sunglasses
- Sunscreen
- Small flashlight
- Water bottle or thermos
- Easy to eat snacks
- Winter Day pack

Equipment

- Plastic Mountaineering Boots
- Ice Axe or Steep Ice Tools
- Crampons